

The Spa at The Springs Resort & Spa

Springs Deluxe

Full Body Exfoliation, Body Wrap, Facial, Massage, Manicure & Pedicure
4 hours \$395

Tropical Rain Bath

Full Body Exfoliation, Body Wrap
& Facial with Tropical Fruits
1 hour 50 minutes \$195

Caribbean Dreams

Massage, Exfoliation, Full Body Wrap
with Coconut, Honey & Aloe Vera
1 hour 50 minutes \$195

Volcanic Health

Full Body Mud Wrap,
Facial Mask & Reflexology
1 hour 50 minutes \$195

Honeymoon Package

Treatment for Two Including
Full Body Mud Wrap,
Facial & Massage
2 hours 30 minutes \$465

Massages

The Springs Relaxing Massage

(Therapeutic technique)
30 minutes \$75 ♦ 50 minutes \$115
80 minutes \$145

Shiatsu

50 minutes \$115

Swedish

30 minutes \$75 ♦ 50 minutes \$115
80 minutes \$145

Massage with hot and cold stones

50 minutes \$130

Deep Tissue

30 minutes \$75 ♦ 50 minutes \$115

Reiki 50 minutes \$115

Sports Massage

50 minutes \$115 ♦ 80 minutes \$145

Thai

1 hour 50 minutes \$195

Massage with four hands

50 minutes \$195

Reflexology

30 minutes \$60

Couples Massage

50 minutes \$205 ♦ 80 minutes \$250

Reflexology with hot stones

30 minutes \$75

Aquassage

Massage in water at our Perdido Falls
50 minutes \$140

Exfoliation ♦ 50 minutes \$140

With your choice of

- ♦ Aromatic Herbs ♦ Coffee & Honey
 - ♦ Coconut & Almonds
- ♦ Tropical Fruit & Seeds
 - ♦ Chocolate & Seeds
 - ♦ Grapes ♦ Algae
- ♦ Spices: Saffron, Cardamom, Cinnamon, Madero ♦ Negro (Blackwood), Essential Oils
 - ♦ Orange & Almond

Massage & Exfoliation, \$190

Facials

Deep Cleansing Facial

1 hour 10 minutes \$140

Mini Facial

40 minutes \$70

Sensitive Skin Facial

1 hour 10 minutes \$140

Facial Mud Mask

30 minutes \$40

Tropical Masks

With Chocolate, Coconut, Honey,
Aloe Vera, or Mixed Fruits

30 minutes \$50

Body Wraps ♦ 50 minutes \$140

With your choice of

- ♦ Mud or Volcanic Clay ♦ Seaweed
 - ♦ Chocolate & Honey
- ♦ White Clay & Aloe, for Sensitive Skin
- ♦ Grape ♦ Algae ♦ Wrap for Tired Legs
 - ♦ Vanilla Bath ♦ Milk Bath

Manicures & Pedicures

Spa Manicure

1 hour \$45

Spa Pedicure

1 hour \$55

Paraffin treatment for hands or feet

30 minutes, \$30 per treatment

When making your reservation, please indicate whether you prefer a male or female therapist and if you have any health conditions that could affect your service.

Please do not wear jewelry or bring other objects of value with you.

Please inform your therapist of your massage preferences, such as technique and pressure.

Thank you for choosing The Springs Resort & Spa as part of your Costa Rican Vacation.